

# Ευαγγελισμός της Θεοτόκου THE ANNUNCIATION GREEK ORTHODOX CATHEDRAL

COLUMBUS, OHIO | CHARTERED 1910

555 North High Street, Columbus, Ohio 43215 Phone: (614) 224-9020 | www.greekcathedral.com

# Sunday of the Holy Fathers of the 4<sup>th</sup> Ecumenical Council July 13, 2025

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**Peter Barouxis** Parish Council Captain

Vasilis Konstantinidis Protopsalti (Head Chanter) **Frank Zonars** Lampadarios (2<sup>nd</sup> Head Chanter)

> Valerie Baker Choir Director

Team B Parish Council Team On-Duty

Psalti Josef Fenton, Matthew Amburgy, Eleni

Maximus Kakoules, Thaddeus Kakoules, Amburgy, and Alex Constantine

> Eric Russell Assistant Choir Director and Organist

**Reverend Father** 

Savvas Mandeville

Assistant Priest

Telephone: 757-805-6027

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**Gust Damopoulos and Alexi Baron** 

**Ecclesiarchs** 

**Altar Boy Captains** 

Taxiarchi Russ and Lukas Lenihan

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**TODAY WE COMMEMORATE...** 

Sunday of the Holy Fathers of the 4th Ecumenical Council, Synaxis of Archangel Gabriel, Stephen of Mar Sabbas Monastery, Holy Martyr Golinduc, Marcian the Martyr of Iconium, Serapion the Martyr.

### **COFFEE HOUR...**

All visitors and guests are encouraged to come to Coffee Hour so we may welcome you!

Coffee Hour is hosted by Parish Council today, Sunday, July 13, 2025.

Coffee Hour will be hosted by the families of Marika Gagas and Jordan Kareklas on Sunday, July 20, 2025.

### MAY THE LORD REMEMBER...

Memorials for Next Sunday, July 20, 2025

3-Year Memorial for Marika Gagas 10-Year Memorial for Jordan Kareklas

May their memory be eternal.



If you would like the priest to visit a friend or family member, or if you would like your name (or the name of a loved one) added to this list, please contact the Cathedral Office.

#### WELCOME TO THE ANNUNCIATION GREEK ORTHODOX CATHEDRAL!

We are so happy that you are worshipping with us today! If you are visiting, please fill out a "Visitor Information Card," located in the Narthex, and give it to a Parish Council member at the candle stand in the Narthex. If you are an Orthodox Christian new to the Columbus area, or if you would like to know more about becoming an Orthodox Christian, please introduce yourself to one of the priests who would be most happy to meet with you and discuss membership in our Cathedral. It is our desire that you make the Annunciation Greek Orthodox Cathedral your spiritual home! May God richly bless you and your family!

#### FOR THE RECEPTION OF HOLY COMMUNION

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We welcome all Christians not fully united with us. It is a consequence of the sad divisions of Christianity that we cannot extend to all a general invitation to receive Holy Communion. Orthodox Christians believe that the Eucharist is an action of the celebrating community signifying a oneness in faith, life, and worship. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist and for which we must all pray.

#### **DIVINE LITURGY BOOK**

There are additions that are used in a monastery, but not necessarily in a parish church. Please refer to the following instructions:

- The variable Small Entrance hymns (next page) are sung on Page 13.
- After the Gospel reading on Page 19, go to Page 29.
- On Page 51-53, skip the petitions that are in red.
- After Page 57, skip to Page 61 (60-61). Note the word change and addition to the pre-communion prayer.

Thanksgiving prayers start on Page 73.

### \*\*\*IMPORTANT – HOLY COMMUNION INFORMATION\*\*\*

#### **Release of the Pews for Holy Communion**

As you know quite a few people receive Holy Communion on Sunday morning (glory to God). Do not be in a rush. There is plenty for everyone. It takes a while, but we can shorten the time with the following instructions. Please approach in the following order as instructed by the parish council member on duty. If you have a special need or circumstance, they will let you in the line as appropriate:

#### **Order to Receive Holy Communion**

1. Newly Baptized and Christmated Orthodox Christians as well as young families with children approach the altar first.

2. Persons with special needs.

3. Any child and teacher attending church school, while church school is in session, - Let the parish council person know when you approach the aisle for Holy Communion and they will guide you to get in line.

4. Parish council would then release pew by pew starting with the front pew and work our way back.

5. <u>When the choir is singing</u> - The choir and people coming down from the choir loft with the choir should approach down the middle aisle. Two members of the parish council who will be releasing the pews will instruct the choir to feed into the existing line. Once the choir and persons from the loft have fed through the line, the PC will continue to let the rows of pews out through the middle aisle.

6. <u>When the choir is not singing</u> - PC will release pew by pew. People in the loft should wait with others in the narthex until the PC releases you to come down the middle aisle.

7. <u>Parish Council is trying to help</u> - Two members of the parish council will release the pews and two members of the PC will be up front by the first pews to keep the line moving by pointing the communicants to get in line towards a chalice. Many times people are waiting in the middle aisle by the front pew until a chalice is open. Please keep the flow moving and get in line towards the intended chalice immediately. (If you have a special need or circumstance, please let a PC member know when you approach the middle aisle and they will guide you to get in line. Otherwise, we thank you for your patience and prayers.).

### How do I receive Holy Communion?

Approach in silence and prayer. You can do a prostration before you approach or the sign of the Cross.

Important - please put the cloth under your chin so nothing falls. Come close to the chalice. Look up and open your mouth wide. Do not look down. Do not move your head or back it away. Do not move your mouth. We do not want anything to fall. Either close your mouth when you receive it immediately or keep it wide open and it will be dropped into your mouth. After receiving, dab your lips with the cloth and move away from the chalice slowly so you do not hit it. As you walk away, do the sign of the Cross, and give glory to God.

## Hymns for This Morning

### **Resurrectional Apolytikion**, *Mode 4*

Τὸ φαιδοὸν τῆς ἀναστάσεως κήουγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυοίου Μαθήτοιαι, καὶ τὴν ποογονικὴν ἀπόφασιν ἀποὀῥίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέοθη Χοιστὸς ὁ Θεός, δωοούμενος τῷ κόσμῷ τὸ μέγα ἔλεος.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and had rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

### Entrance Hymn, Mode 2

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead, we sing to You, Alleluia.

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### For the Fathers, Mode pl. 4

Υπεφδεδοξασμένος εἶ, Χφιστὲ ὁ Θεὸς ἡμῶν, ὁ φωστῆφας ἐπὶ γῆς τοὺς Πατέφας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πφὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι. Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

### Today is the Summary of Our Salvation, <u>Mode 4</u>

Σήμεφον τῆς σωτηφίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηφίου ἡ φανέφωσις, ὁ Υίὸς τοῦ Θεοῦ, Υίὸς τῆς Παφθένου γίνεται, καὶ Γαβφιὴλ τὴν χάφιν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῆ Θεοτόκῳ βοήσωμεν· Χαῖφε Κεχαφιτωμένη, ὁ Κύφιος μετὰ σοῦ.

Today is the summary of our salvation, and the manifestation of the age-old mystery. For the Son of God becomes the Son of the Virgin, and the good news of grace does Gabriel Annunciate. Therefore, together with him, to the Theotokos let us cry aloud: "Rejoice, O Maiden full of grace, the Lord is with you."

### Kontakion, Mode 2

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδῃς, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι: Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering. Reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; Your loving help bring unto us, Who are crying in faith to you: Hasten to intercede and speed now to supplicate. As a protection for all time, Theotokos, for those who honor you.

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### THE EPISTLE READING

### ΠΡΟΚΕΜΕΝΟΝ

ΨΑΛΜΟΙ 31.11,1 Εὐφϱάνθητι ἐπὶ Κύϱιον, καὶ ἀγαλλιᾶσθε δίκαιοι. Στίχ. Μακάϱιοι, ὧν ἀφέθησαν αἱ ἀνομίαι.

### Ποὸς Τίτον 3:8-15

Τέκνον Τίτε, πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαί σε διαβεβαιοῦσθαι, καλῶν φροντίζωσιν ίνα ἔργων προΐστασθαι οἱ πεπιστευκότες θεῶ. ταῦτά ἐστιν καλὰ καὶ ἀφέλιμα τοῖς άνθρώποις · μωράς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιΐστασο, εἰσὶν γὰρ ἀνωφελεῖς καὶ μάταιοι. αιδετικόν ἄνθρωπον μετὰ μίαν καὶ δευτέραν νουθεσίαν παραιτοῦ, είδώς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ άμαρτάνει, ὢν αὐτοκατάκριτος. Όταν πέμψω Άρτεμαν πρός σὲ η Τυχικόν, σπούδασον ἐλθεῖν πρός με είς γὰρ Νικόπολιν, ἐκεĩ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Απολλῶν σπουδαίως πρόπεμψον, ἵνα μηδέν αὐτοῖς λείπη. μανθανέτωσαν δὲ ήμέτεροι καλῶν οί καὶ ἔργων προΐστασθαι εἰς τὰς ἀναγκαίας χρείας, ίνα μη ὦσιν ἄκαρποι. Ἀσπάζονταί σε οἱ ' ἐμοῦ πάντες. Ἄσπασαι μετ τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν.

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### PROKEIMENON

PSALM 31.11,1 Be glad in the Lord, and rejoice, O righteous. Verse: Blessed are they whose transgressions have been forgiven.

**St. Paul's Letter to Titus 3:8-15** Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is selfcondemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

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All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

### THE PROCLAMATION OF THE HOLY GOSPEL

### The Gospel According to Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

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### Κατὰ Ματθαῖον 5:14-19

Εἶπεν ὁ Κὐϱιος τοῖς ἑαυτοῦ μαθηταῖς· Ύμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κουβῆναι ἐπάνω ὄοους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασι αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῆ οἰκία. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἔμποοσθεν τῶν ἀνθοώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφήτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἕν ἢ μία κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν πάντα γένηται. ὡς ἐὰν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῆ βασιλεία τῶν οὐρανῶν· ὡς δ' ἂν ποιήσῃ καὶ διδάξῃ, οὖτος μέγας κληθήσεται ἐν τῆ βασιλεία τῶν οὐρανῶν.

## ANNUNCIATION CATHEDRAL WEEKLY SCHEDULE

| Sunday of<br>the Holy<br>Fathers 4 <sup>th</sup><br>Ecumenical<br>Council | July 13, 2025 | Sunday of the Holy Fathers 4 <sup>th</sup> Ecumenical Council<br>Matins 8:00 a.m.; Divine Liturgy 9:30 a.m.<br>Summer Sunday Church School – 11:00 a.m.<br>Dance Practice – Gym – 11:30 a.m. – 1:00 p.m.     |
|---|---------------|--|
| Monday  | July 14, 2025 | Catechism Class – Alcove – 7:00 p.m. – 8:00 p.m.   |
| Tuesday   | July 15, 2025 | Parish Council Meeting – 6:30 p.m. – 8:30 p.m.   |
| Wednesday   | July 16, 2025 | CHOICES – Kitchen – 10:00 a.m. – 3:00 p.m.<br>Men's Church Basketball – Gym – 5:00 p.m. – 8:00 p.m.  |
| Thursday  | July 17, 2025 | St. Marina the Great Martyr Divine Liturgy – Chapel – 9:30 a.m. – 11:30 a.m.<br>Hellenic Singers Rehearsal Choir Room – 6:30 p.m. – 8:30 p.m.  |
| 6 <sup>th</sup> Sunday<br>of Matthew                                      | July 20, 2025 | 6 <sup>th</sup> Sunday of Matthew<br>Matins 8:00 a.m.; Divine Liturgy 9:30 a.m.<br>3-Year Memorial for Marika Gagas<br>10-Year Memorial for Jordan Kareklas<br>Dance Practice – Gym – 11:30 a.m. – 1:00 p.m. |

https://www.greekcathedral.com/live-video/

### IMPORTANT DATES, REMINDERS, AND ANNOUNCEMENTS

### **BULLETIN SUBMISSIONS**

Any items that you wish to appear in the Weekly Bulletin must be submitted to the Annunciation Greek Orthodox Cathedral Office (secretary@greekcathedral.com) by **Wednesday at 5:00 p.m**. Please note that announcements may be altered to comply with style, formatting, and space constraints. We appreciate your thoughtful cooperation.

### PARISH COUNCIL MEETING

The next Parish Council Meeting will be held on Tuesday, July 15, 2025, at 6:30 p.m. All members of the Annunciation Greek Orthodox Cathedral in-good-standing are welcome to attend all parish council meetings.



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### SAVE THE DATE – FRIDAY, AUGUST 15, 2025

Annual Panagyri - Friday, August 15, 2025 at 6:00 p.m.

• In the Social Hall and Courtyard, • All to enjoy Food and Music • Activities for the kids • Cost (Donations)

### Weekly Announcements



### **VOLUNTEERS NEEDED**

If you are a horticulture expert, landscaper, plant enthusiast, or gardener- we can use your help and knowledge in planning and maintaining our parish home's landscape. Please reach out to Helen Rankin, 614-530-4771.

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### ANNOUNCEMENT FOR MISSION TRIPS

Looking for a way to serve the Lord this summer on a mission trip? YOCAMA is traveling to Montana July 11-18 and New Mexico July 19-25, to serve the Blackfeet and Navajo Nations. Many volunteer opportunities are available for service. Please contact Ann Salvator at 216-956-4266 or yocama.com. You will find many ways you can be supportive.

### PHILOPTOCHOS PROJECT



#### CAN OPENER AND HOUSEHOLD ITEMS DRIVE THRU AUGUST 15TH Philantachas will collect can openers and other household items for single dwelling

Philoptochos will collect can openers and other household items for single dwellings such as pots and pans, sheet sets, bath and kitchen towels and small appliances. Items do not have to be brand new but should be in good working order. These items will be donated to help set

up residents who, previously homeless, are now in affordable permanent and supportive housing. Please place donations in the coat room.

### **OCMC COIN BOXES**



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Thank you to all 100 families/individuals who took home coin boxes to raise money for the Orthodox Christian Mission Center, OCMC. Your donations will help share the gospel of Jesus Christ and the Orthodox Church throughout the world. Please bring back your coin boxes when they are full and give them to a Parish council member at the candle stand. If you have any questions, feel free to contact me at pappasjulie4@gmail.com.



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### 2025 ANNUAL CHURCH PARKING PASSES

The 2025 annual church parking passes are available in the church office. The cost for a set of 2 is \$25.00. Pay by cash (exact change), or check. To purchase a parking pass, you <u>MUST</u> have a 2025 Stewardship pledge form on file. As a reminder, there is **no overnight** parking, and please call the office to check availability for weekend and after-hours parking. Thank you.

### PARKING CONSIDERATION FOR FELLOW PARISHIONERS

Did you know that parking is available across the street or the lot on Armstrong Street on Sunday mornings during Divine Liturgy? Have you considered ride sharing with parishioners in your neighborhood or offering to pick up a parishioner? Let's remember the challenges our parishioners face, especially:

- Individuals with special needs, mobility or cognitive limitations
- The elderly
- Families with young children

Help us ensure that everyone who would like to join us for worship can find convenient parking spaces closer to the entrance of the church without navigating city streets. Thank you for your understanding and cooperation in making our cathedral more accessible for all.

### **BOOKSTORE NEWS**

*Downsizing*? A shout out to all those who have downsized and given the bookstore their precious icons so that they can be venerated by another. We have also received many wonderful Orthodox books that we can discount and allow others to read. We are especially looking for books by Stanley Harakas, Anthony Conairis and Kallistos Ware. Any Orthodox book will be happily accepted if in good to excellent condition. Also, a big thank you to the travelers to Greece who bring us back an icon to sell in the bookstore. Please consider this gesture of goodwill when shopping in Greece. It is hard for the bookstore to purchase icons made in Greece. We really appreciate the thoughtfulness. Thank you for supporting the Cathedral bookstore.



### Weekly Announcements

### **GREEK OLYMPIC SOCIETY - HELLENIC ETHOS MAGAZINE**

Dear fellow parishioners, Evangelia Philippidis has been named the new editor of *Greek Ethos*. The redesigned magazine returned in March 2025 as *Hellenic Ethos*. We will feature recurring columns called *Voices from our Past*, interviews with our aging generation whose lives and stories have built our parish and *Toward the Future* featuring our young generation who will take us forward. We will feature our parish, artists, writers and musicians. *Yiayia's Kitchen* will feature stories and recipes from across Greece submitted by parishioners. We will continue feature articles by noted academics on our history and culture.

We invite you to reach out and be a part of contributing to our new vision. If you have a story to tell, a beloved recipe passed on, art you would like to share, contact Evangelia at evangeliaphilippidis@hotmail.com or text her at 614.354.6557.

### Juniors and ZOEE DANCERS along with the Adult (ALUMNI) Group DANCE PRACTICE SCHEDULE - 2025

### **SUNDAYS**

 $July - 13^{th},\, 20^{th},\, 27^{th}$ 

 $August - 3^{rd}$ ,  $10^{th}$ ,  $17^{th}$ ,  $24^{th}$ 

When Catechetical School is in session times are: (12:00 noon - 1:30pm)

When Catechetical School is NOT in session times are: (11:30am – 1:00pm)

If you need to reach me, please call my cell # 614.778.3219. May God continue to bless all of you!!!

With Love In Christ, Vicky Constantinidis - Gardikes, Dance Director



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# 💦 Star House

Thank you for your continued support of Star House through your generous donation of new items. Please place **NEW** items in the Star House container in the main coat room. **Star House seasonal and general priority needs include:** 

- Winter coats
- Large, insulated gloves
- Large wool socks
- Winter hats
- Hand warmers
- New underwear for men and women (boxer/boxer briefs preferred for men)
- Sweatpants
- Women's jeans of all sizes, especially large
- Leggings
- Solid color T-shirts

• Boots and Shoes (comfortable for walking long distances)

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- Bikes
- Tents
- Backpacks
- Blankets
- African American haircare products (oils and gels)
- Sleeping bags
- Large towels
- Other men's and women's clothing (all kinds)

Contact Helen Rankin, Diane Chakalis, or Nancy Paparodis if you have questions.

ANNUNCIATION GREEK ORTHODOX CATHEDRAL | COLUMBUS, OH

### BACK-TO-SCHOOL YOUTH FOOD DRIVE!

ALL YOUTH & THEIR FAMILIES ARE ASKED TO PLEASE CONSIDER DONATING CEREAL BOXES & PEANUT BUTTER FOR OUR LOCAL FOOD PANTRIES



PLEASE DROP OFF DONATIONS IN THE MARKED BIN IN THE COAT ROOM! WE ARE COLLECTING UNTIL AUGUST 17TH



PLEASE NOTE: THE PHILOPTOCHOS DIAPER DRIVE HAS BEEN POSTPONED UNTIL AFTER THE GREEK FESTIVAL.



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JULY 28-30: 9 AM - 12 PM RSVP TO YOUTH@GREEKCATHEDRAL.COM BY JULY 23





**Greek Language School** Join our Greek school this upcoming school year. First day of school is September 20th. You can find information register and at https://glscolumbus.com/. We have both adults and children classes ages 5 and above. Learning our language our heritage and history classes are held every Saturday at 10 a.m.-12 p.m.

Additionally, if you or anyone you know is interested in joining our teaching staff please reach out to greekschool@greekcathedral.com.



